

THIS ARE YOUR RIGGING HIGH FIVE

1. **Think** Careful preparation instead of botch up

- Do you carry all you need (Personal Protective Equipment/PPE, safety boots, rope)?
- Do you have stowed all your items safely? (Doublecheck to avoid fall off, esp. phones)
- Please note the strictly smoking ban!

2. **Check** Schedule rescue instead of suppressing it

- Are you informed sufficiently what we do and you have to do if a colleague is involved in an incident? (See sheet "Emergency behavior")

3. **Reflect** Really having the ability instead of just wanting

- How are you feeling today? Is it your day today or better stay down?
- Your working height is 22m! Are you really feeling safe in this height?

4. **Watch** Together instead of on top of the other

- Are you informed sufficiently about today's general planning?
- Are you informed sufficiently about today's coordination of workflow?

5. **Lock** Safety harness

- If you are leaving the catwalk use the lifeline system!
- Not more than 2 workers in one lifeline section! (Note separation of sections)
- If it is not possible using the lifeline system use the beam for saving

